

11 – What shall we grow?



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- God has given us a big variety of foods to grow. We need to choose wisely what to put in our garden.

Let's learn about some of the vegetables that we can choose from.

Teacher: use this opportunity to go through some or all of the vegetable variety flashcards with the children. You could limit the discussion to only the varieties that could actually be grown by your group, or talk about all of them, making clear which ones they could actually choose to grow.

Radish, beans, mustard, turnips, cucumber, pak choi, and sunflower germinate easily and are also useful foods.

Have each group of 4 children pick 3-4 types of seed to grow.

Activity: Do Activity Card Ls. 11 (materials – crayons or colored pencils)

Activity Card Ls. 11

