

God gave us...



Plant a Seed! Feed a Soul!

“Collards” (Brassica oleracea)

Planting depth: 1/4” -1/2” Apart in row (after thinning): 10”-14” Distance between rows: 18”-24” Approximate days to germination: 6-10 days

♥ Let's grow...

Plant collard seeds 1/4”-1/2” deep in a sunny area of your garden. It takes about 6-10 days for the seeds to sprout into seedlings. Seedlings are new plants grown from seeds.

♥ Taking care of God's creation...

New plants need regular watering and weeding. When they are about 2” tall, thin seedlings to 10”-14” apart. The young dark green leaves are very nutritious and can be eaten at anytime.

♥ Eat your collards...

First grown in Eurasia, collards are an excellent source of vitamins for healthy bodies. You can show God's love to others by sharing the good food that he has given us to eat.

“I give you every seed bearing plant on the face of the earth and every tree that has fruit with seed in it. This will be yours for food.”

Genesis 1:29