

God gave us...



“Beet” (Beta vulgaris)

Planting depth: 1/2”-3/4” Apart in row (after thinning) 1”-4” Distance between rows: 18”-24” Approximate days until germination: 7-14 days

♥ Let's grow...

Plant beet seeds 1/2”-3/4” deep in a sunny area of your garden. Beets grow best where the soil has been deeply dug and is free of weeds and stones. It takes about 7-14 days for the seeds to sprout into seedlings. Seedlings are new plants grown from seeds.

♥ Taking care of God's creation...

New plants need regular watering and weeding. When seedlings are 2” tall, thin them to 4” apart to help grow good roots. The young tender leaves are very nutritious and can be eaten a few at a time from each plant. Pull or dig beets when they measure 1” to 2” across.

♥ Eat your beets...

Beets are a good source of vitamins needed for healthy bodies. You can show God's love to others by sharing the good food he has given us to eat.

“Then God said, “Let the land burst forth with every sort of grass and seed-bearing plant”.

Genesis 1:11